

ABSTRACT

Introduction: Heart diseases complicating pregnancy constitute a major cause of non obstetric maternal deaths. This prospective study was conducted in a tertiary care centre over a period of one year.

Aims and objectives: To find the prevalence of heart diseases in women admitted for delivery or MTP in our institution and to know about the various heart diseases prevalent in them.

Materials and methods: The study included 172 pregnant women with heart diseases of whom 15 underwent MTP. They were observed for maternal, cardiac and perinatal outcomes.

Results: The prevalence of heart disease was 1.08% in our study. RHD was the commonest type of heart disease.

Conclusion: Heart disease constitute for a significant of number of maternal deaths. This can be prevented by a comprehensive multi disciplinary care.